# CAMPUS VOICE

Connecticut State Community College Northwestern Campus



## Honoring Our Past, Securing Our Future





Important Announcements, Events, News & More!
Want to place an announcement or something you wish to share next month?
Email Andrew Wetmore awetmore@nwcc.edu or call 860-738-6344



## 3RD. ANNUAL MEDICATION ADMINISTRATION "CRUISE"



Student Nurses participated in their annual "Med Cruise" again this year. A mock vacation style cruise is centered around teaching students how to follow the six rights of safely giving medications and various routes to patients.







#### MAD RIVER FEST 2024!



POETRY • ART • MUSIC

#### **EVENT SCHEDULE**

#### Interactive Becoming Banner

Stop by and add your contribution to our "Becoming" Theme Banner February: ASB | March: Library April: Founders Hall Lounge

#### Annual Juried Student Art Exhibition

Opening April 17, 4-6PM - Gallery at Founders Hall

#### Mad River Literary Event

Founders Hall Auditorium - April 17, 5:45-8:30PM

- · Anthology Launch Pick up your copy!
- · Musical prelude by student Michael Rodgerson
- Welcome Remarks
- Open Reading
- Featured Guest Speaker
   Frederick-Douglass Knowles II
- Reception and Book Signing

CT STATE COMMUNITY COLLEGE - NORTHWESTERN

# Celebrate National Poetry Month!



#### Wednesday, April 17th Featured Guest Speaker

#### Frederick-Douglass Knowles II

is a Professor of English at Connecticut
State Community College (Three Rivers
Campus). He is an Emeritus Poet Laureate
of Hartford, CT. Knowles has been the
recipient of the Nutmeg Poetry Award and
the Connecticut of The Arts Fellow in Artist
Excellence for Poetry/ Creative Non-Fiction.
He is a two-time Pushcart Prize nominee
and the author of BlackRoseCity.

www.freddydouglass.com





Taylor Mali is one of the most well-known poets to have emerged from the poetry slam movement and one of the original poets to appear on the HBO series "Def Poetry Jam." A

four-time National Poetry Slam champion, he is the author of four collections of poetry and a chapbook, The Whetting Stone, which won the 2017 Rattle Chapbook Prize. He is the author of the acclaimed nonfiction book What Teachers Make: In Praise of the Greatest Job in the World. In April 2012, Mali donated 12 inches of his hair to the American Cancer Society after convincing 1,000 people to become teachers. He lives in Brooklyn where he curates the Page Meets Stage reading series at the Bowery Poetry Club.

EVENTS BELOW HELD AT THE AMERICAN MURAL PROJECT 90 WHITING STREET WINSTED, CT

#### Friday, April 19 11am-1pm Creative Writing Workshop For Students

with Performance Poet Taylor Mali – The Humanity of Metaphor

The American Mural Project and CT State Community College Northwestern invites students to access complimentary registration for this workshop. Registration ASAP – SPACE IS LIMITED! www.tfaforms.com/5113640 | USE CODE: CSCCNWstudent

#### Saturday, April 20 7pm-9pm Poet Taylor Mali

Doors and live music: 7pm | Performance: 8pm | Book signing: 9pm
Taylor Mali is a must-see for anyone who loves slams, performance poetry, live spoken
word on stage, or stand-up comedy. Learn more at www.americanmuralproject.org/live

Complimentary Tickets for CT State Community College, students, faculty and staff AMP-TaylorMali.eventbrite.com | USE CODE: CSCCNWstudent

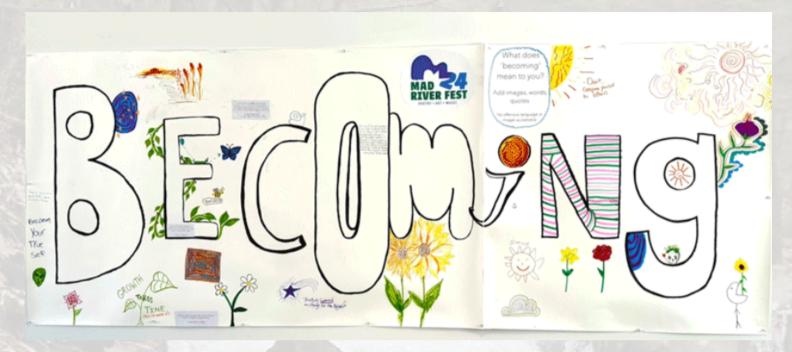








#### COMMUNITY ART PROJECT: BECOME BANNER



Please help us FILL our Community Art Project: Become Banner with YOUR ideas about 'Becoming'. Explore personal growth, transformation, evolution, identity, change, and the journey of self-discovery through writing, doodling, collaging, words, pictures, poems, quotes.

In Library till April 3
In Founders Student Lounge April 3-17

-Mad River Fest Committee







#### WOMEN'S HISTORY MONTH CELEBRATION



Rise Up, Sisters! (CT Women's Hall of Fame) exhibit was on display in the library from March 1-8, 2024. This exhibit chronicles the diverse group of Connecticut women who were instrumental in the movement for woman suffrage. This exhibit was made possible by the generous support of sponsors, including the Northwestern Library, League of Women Voters of Litchfield County, and the Northwestern History Association...



For more information on the *Rise Up, Sisters!* exhibit, scan this QR code.



The Susan B. Anthony Project of Torrington kindly supplied informational materials detailing their services for this celebration.



Todd Bryda, history professor, accompanied by three of his students, preside over a voter registration table in the library aimed at serving our local community. The materials for this initiative were graciously provided by the Litchfield County League of Women Voters.



The library marked the occasion with displays showcased in the lobby area.



#### ANNUAL JEOPARDY TOURNAMENT



Congratulations to Team History
Association for winning Jeopardy
Tournament 2024! Fun evening with
some tricky questions courtesy of Prof.
Bryda! Teams fundraiser funds to enter
the tournament with the proceeds going
to benefit the Food for Thought Campus
Food Pantry



#### AMERICAN MURAL PROJECT WORKSHOP



Creative Writing Workshop for High School-College Students with Taylor Mali The Humanity of Metaphor

Friday, April 19, 11am-1pm Students: \$15

Cultures worldwide use *metaphorical language* to convey complex ideas about what it means to be human.

Considering such questions as *What does it mean to be alive?*, *What is my purpose?*, *What is death?*, and *Who am I?* requires the ability to think abstractly.

This is where metaphors come in. Metaphors simplify abstractions by equating them to concrete objects; e.g., *Life is a long day's journey*; *Death is a ravenous animal*; and *I am a cracked river stone*.

Metaphors are the lifeblood of poetry, yet their use can be daunting for new writers.

#### AMERICAN MURAL PROJECT

—— Honoring Work Through Art and Education ——

In this workshop . . .

Poet Taylor Mali will draw participants into the magical power of metaphor and help them break through the barriers that keep them from using metaphors in their own writing. They'll play *Metaphor Dice*—Mali's addictive, imaginative game that aids writers to think (and write!) more figuratively—and invent their own metaphors.

No experience is necessary. Students of all levels and abilities are welcome. All will leave with a higher level of understanding of metaphor usage and the confidence to use metaphors artfully in their writing.

More information is at https://www.americanmuralproject.org/poetry-workshops



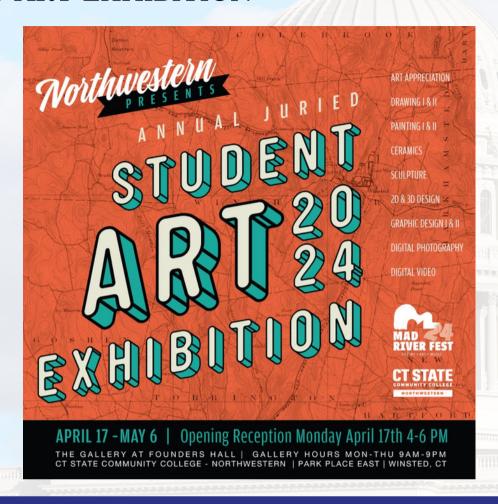
### ART SCHOLARSHIP RECIPIENTS

Congratulations Willow Elswyth, Nate Mignone, Clara Koch, and Ivy Altman, four CT State Northwestern students included in the University of Hartford's Hartford Art School Community Showcase 2024, An Online Community College Student Exhibition. All four students received between \$18,000 - \$29,000 transfer scholarships each! We met up with two NCCC alumni/current Hartford Art School students for a tour of the art studios.





## STUDENT ART EXHIBITION





## myCTState Alerts

IMPORTANT: Please login to your my.ctstate.edu and check that the correct CELL PHONE number is listed. This is how the campus will notify you of important emergency messages such as weather closings and security alerts.

It is important that you also select the campuses that you are enrolled in to ensure that you receive alerts for those specific campuses.

Click on Update your profile, enter your information and save it. That is everything!

## **myCTState**

#### myCTState Alert

Please add your cell phone number and other contact information to receive emergency and weather alerts.

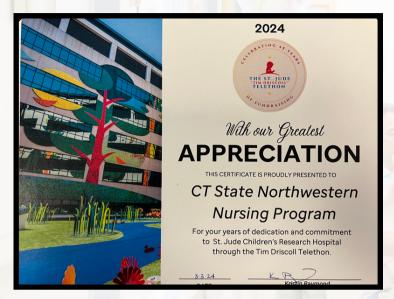
<u>Update your profile</u> and save your data to ensure you are receiving alerts by multiple methods.





#### STUDENT NURSES AND ST. JUDE

The SNA/Class members who volunteered at the St. Jude Children's Research Hospital Telethon in early March.









#### CONNTAC SCHOLARSHIP

CONNTAC, Inc. offers a scholarship to students every year. If students are eligible, please refer them to the Educational Counselor nearest you to assist with the application process. Prospective recipients must be a documented participant of CONNTAC for their scholarship application to be considered by the Board of Directors' Scholarship Committee.

- 1. Please refer to the following link for a CONNTAC office near you: <a href="https://conntacinc.org/service-area">https://conntacinc.org/service-area</a>
- 2. The CONNTAC, Inc. Scholarship Application is also available on our website: <a href="https://conntacinc.org/images/PDF/application.pdf">https://conntacinc.org/images/PDF/application.pdf</a>



## TRANSFER ADMISSIONS VISITS WEDNESDAYS 10:00-1:00

## **ASB ATRIUM**

## April 3, 2024

- Central Connecticut State University
- University of Connecticut
- Post University
- Quinnipiac University
- University of New Haven

## April 17, 2024

- Albertus Magnus College
- Western Connecticut State University
- · University of Rhode Island
- Southern Connecticut State University









#### **UPCOMING JOB TRAINING**



UPCOMING JOB TRAINING

Full and partial scholarships available for all trainings

Central Sterile Processing Technician ONLINE: 4/8-6/30 Cost: \$1,999 Scholarships available

Emergency Medical Technician EMT: 5/29-8/11 Mon, Tues, Weds 6pm-10pm and some Saturdays 8-4 (see list below) Cost. \$1,699 Scholarships available. Saturday dates: 6/1, 6/15, 6/29, 7/13, 7/27, 8/10

Call: (860) 738-6419 or email EKennedy@nwcc.edu for more information.



#### DISABILITY SERVICES LEARNING STRATEGIES SERIES





You are invited to The Office for Disability and Accessibility Services-(ODAS)

## **Learning Strategies Series**



· Room 303 -Greenwoods

Topic: Preparing for Finals



Come and join us & focus on what you need to be successful for your finals!



SPRING FLING WEEK!

## **APRIL 29TH- MAY 2ND**

MORE INFORMATION COMING SOON!



#### APPLY FOR SPRING 2024 GRADUATION



Applicants must apply by April 15 in order to have their name in the commencement ceremony program. Summer graduation applications will be available by March 5.

#### QUESTIONS?

For application questions, email CTState-DegreeWorks@ct.edu. For curriculum requirements or any required substitutions, contact your Guided Pathways or Faculty Advisor.

APPLY FOR GRADUATION my.ctstate.edu





## FREE SERVICES & TESTING @ NORTHWESTERN





Come Join us at CT State Northwestern and know your status today!

- Free HIV / Hep C / STI Testing
- Access referals and linkage
- CT Mobile Food Truck will be here with us from 12:30-1:30pm
- Give-a-ways!!

www.apexcc.org



#### **CONTACT US**

- ® 860-453-0888
- @ apexcc.org
- www.facebook.com/APEXCCCT



#### SMALL BUSINESS SEMINAR: BUSINESS MODEL CANVAS



April 17th 5:30 to 8:30 pm

MAX 15 PARTICIPANTS

FREE IN-PERSON EVENT

@ NWCT Chamber, 59 Field Street, Torrington CT

event in partnership with

For more information and to register **nwcc.edu/ec** 









#### GREENWOOD'S HALL LOUNGE PARTIES



STOP BY THE GREENWOODS LOUNGE ROOM 108 EVERY FIRST AND THIRD THURSDAY AND GRAB A FREE BITE TO EAT!

Assort Sar wiches hursday, Febrary 1st 12:30pm GW Lo.

Mac and rsday, vary 15th .30pm GW Levinge

Assorted Pizza sday, March 7th 30pm GW Lynge



**Assorted BBQ** 



Thursday, **April 4th** 



**BBQ** 12:30pm GW Lounge

> **Breakfast For** Lunch



Thursday, **April 18th** 

12:30pm GW Lounge

**Assorted Ice** Cream Thursday, May 2nd 12:30pm GW Lounge

PLEASE CONTACT JKUNS@NWCC.COMMNET.EDU IF YOU HAVE ANY QUESTIONS OR CONCERNS



## **Early Childhood and Family Homelessness**

Presented by Anne Giordano, MA, IMH-E and Michelle Anderson, MSW of EdAdvance Learning Resource Center (Library) Draper 102

Tuesday, April 9th 5:30pm - 7:00pm



An estimated 1.2 million children under the age of six experience homelessness each year in the United States; and young children ages birth to six are more likely to experience homelessness than any other age group. The condition of homelessness exposes young children to extreme levels of stress and trauma, which can negatively impact their overall health and development well into the future. Providers with knowledge and a deepened understanding of the significant impact of homelessness in the lives of very young children and their families can play a critical role in mitigating these devastating, lasting effects.

This is a DEI approved event. Students that attend this event will earn a stamp for their DEI passport toward eligibility for the Diversity, Equity, and Inclusion Excellence Award!



#### MEDITATIVE COLORING

REDUCE STRESS
RELIEVE ANXIETY
DISPLACE NEGATIVE EMOTIONS
EXERCISE YOUR BRIAN
COME COLOR WITH US!



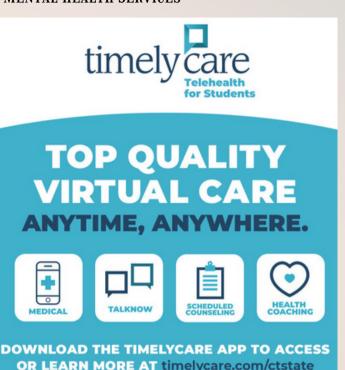
Located in the Meditation & Relaxation Center, 3rd Floor Arts& Science Building

Sponsored by the Visual Art Department and Student Activities



#### TIMELY CARE

FREE MENTAL HEALTH SERVICES





#### Emotional Support When Students Need It

- Unlimited 24/7, on-demand triage mental health support, coaching services, and crisis management by behavioral and health professionals.
- Provides support for a variety of issues, including critical situations.
- Eliminates the possible days or weeks of wait time for a student to get emotional support.
- Removes possible stigma of a student walking into clinic seeking mental health resources.
- Helps manage demand for counseling center services with virtual visits.
- Patient records can be shared back to counseling center.

Contact Dr. Ruth Gonzalez regarding how to access these services- rgonzalez@nwcc.edu 860-738-6315



### KIDS KLOSET



Come choose Items during open hours or make an appointment!

Located in Founders Hall Room 207 (ECE Classroom)

For hours and more information, use this QR code to view our site



Make Appointment with Tracy Smith-Michnowicz tsmith-michnowicz@nwcc.commnet.edu













### **FAMILY GROUP STUDY ROOM**











This special room in the college library is a quiet place for students with children. Here, they can focus on their studies while spending time with their families.

Complete with age-appropriate seating, educational toys, and reading materials, the family study room is a place where both parents and children can learn and have fun together.

This collaborative space demonstrates the college's commitment to supporting diverse student needs and promoting academic success.



This room was made possible by a grant from the Northwestern Community College Foundation.



## U-PASS @ NORTHWESTERN



GET YOUR U-PASS AT THE LIBRARY, IN THE STUDENT ACTIVITIES OFFICE (GW 110), OR THE CASHIERS OFFICE (GW 2ND FLOOR)

Who is eligible?

The U-Pass is available to both full- and part-time credit undergraduate students taking at least one class per semester on campus at the participating colleges and universities. All students taking on-ground or online may obtain a pass. Senior Citizens and High School Partnership students are not eligible.

For how long is the pass effective?

The Spring semester U-Pass covers January 1-July 30.

For more information: https://www.nwcc.edu/upass/



#### STUDENT SUPPORT LINKS



**Mental Health Self Screening** 

SCAN ME



988 Suicide & Crisis Life-Line

**SCAN ME** 



Mental Health Counselings Help

**SCAN ME** 



**Campus Events** 

**SCAN ME** 





## STUDENT EMERGENCY FUND



The Northwestern Student Emergency Fund (NSEF) was established to provide a source of funds for current and enrolled CT State Northwestern students who encounter unexpected emergency expenses, which fall within the parameters of eligibility. Students should contact Dr. Ruth Gonzalez, Director of the Office of Student and Community Life prior to applying for funds.

Dr. Ruth Gonzalez, Director of the Office of Student and Community Life Goulet House, 1st floor (56 Park Place) email: rgonzalez@nwcc.edu | phone: 860-738-6315

To review the guidelines for applying and to find the application form please visit: https://nwcc.edu/nsef/