Welcome Back!

Photo courtesy of Duc Tinh
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Photos courtesy of Duc Tinh

Fall 2023
A MESSAGE FROM PRESIDENT ROOKE

Dear Northwestern Students,

On behalf of everyone here at our beautiful campus, welcome to Northwestern! You have the distinct honor of being our inaugural class of CT State Northwestern students since our name change this summer and the formation of CT State Community College.

Everybody here, no matter what their role, wants you to succeed. Get to know us, say hi to someone that you don't know, find out what they do and you'll start to see that so many people here can help you get to wherever you want to go!

Get involved, join a club, join the student government - make the most of your time here, because it flies by. We all wish you all the success in the world.

President Rooke

THE GALLERY AT FOUNDERS’ HALL

Christopher Swift

The Gallery at Founders’ Hall proudly presents:
CYANOTYPE PROJECTION POSTERS

These posters challenge the conventional role and influence of printing by placing it at the forefront and introducing intricate complexities. Each piece is a cyanotype, yet the printing process deviates from the traditional use of the Sun or UV lamp. Instead, a video projector breathes life into the images, infusing them with motion and capturing time lapse that depict a prolonged exposure of previously recorded scenes. Furthermore, these works transcend the boundaries of traditional photography, as they are designed and arranged as posters rather than photographs. They embody a fascinating hybrid form, where both development and printing techniques converge in captivating synergy.

For more about the exhibit and artist reception, please contact Deb Kline at dklines@wcc.edu

AUG 29 - SEPT 29, 2023
Artist Reception | Sept 20, 2023 | 3:00-5:00PM
Northwestern’s 2023 Welcome Week!

WELCOME WEEK

- **Monday:** 9/11: 11am to 12pm
  - Bingo and Ice Cream Floats: FH Student Lounge
- **Tuesday 9/12:** 11am to 1pm
  - Welcome Fair - Outside Founders Hall. Free Food, Music, Campus Clubs, Dunk Tank, Inflatable Obstacle Course, and more! (Greenwood’s Multipurpose Room for inclement weather).
- **Wednesday**
  - Escape Room: 10am to 3pm Greenwoods Hall Student Lounge. Email JKuns@nwcc.edu to sign up. Up to 5 people per group. Each group signs up for an hour block of time.
- **Thursday**
  - Food Truck: Free food from 11:30am to 12:30pm In front of Founders Hall. First come first serve.
  - Amazing Race Northwestern: 1pm Students will compete against each other in teams of 2 to complete a series of tasks. First THREE Teams to finish will win a gift card prize! Email jkuns@nwcc.edu to register your team.
  - Nelson Bello & Friends! Free Live Latin Jazz Band Concert! 6pm to 8pm on the Town Green across from Founders Hall.

Contact: Andrew Wetmore, Director of Student Activities awetmore@nwcc.edu
All you need is a U-Pass CT and your student ID to ride buses and trains in Connecticut. Get where you need to go without having to pay a fare!

Who is eligible?
The U-Pass is available to both full- and part-time credit undergraduate students taking at least one class per semester on campus at the participating colleges and universities. At this time, graduate students as well as exclusively online, non-credit, and early college/high school students are not eligible for the program.

Where can I obtain my UPass?
Students will be able to obtain a UPass when/where they obtain their student ID’s after the start of the Fall Semester. You can obtain both at either the Office of Student Activities (GW110), The Cashiers Office or at the Library.

For how long is the pass effective?
The Fall semester U-Pass covers August 1-December 31.

What is the cost?
Each student is charged $40 per semester for the pass. The DOT has set this special rate for our students only; normal cost to the public is $63 per month. The transportation fee is considered an institutional charge, so financial aid may be applied.

What is required for students to use the pass and on what types of transportation can it be used?
Students must have a valid student ID to show along with their pass when using the transportation systems. Students can use the unlimited semester pass to travel within the state on rail or bus, including CTtransit and CTfastrak, but excluding Amtrak. Have your U-Pass and valid student ID ready when you board any of these services:

- CANDYSTRIPER Northwestern CT Transit District (NWCTD)
- Greater Bridgeport Transit (gbt)
- Norwalk Transit Housatonic Area Regional Transit (HARTtransit)
- Milford Transit South East Area Transit (SEAT)
- Windham Region Transit District (WRTD)
- 9 TownTransit/Estuary Transit District Middletown Area Transit (MAT)
- CTtransit & CTtransit Express
- CTfastrak New Haven Line (intrastate travel only. Not valid for travel to NYC)

What happens if a student loses the pass?
A student may only be given one replacement pass per semester. After that, they must wait for the next semester to get a new pass.

What happens if a student attends multiple CSCU schools?
Students should only be charged once for the pass. Students will have to request a waiver after the payment of the first fee.
Fall 2023 Blood Drive

CT State Community College - Northwestern is proud to sponsor a blood drive with the American Red Cross on October 3, 2023. For most of us we have someone in our lives who has required blood at some point. We have employees who have recently required blood transfusions and without donations …..

An estimated 38 percent of Americans are eligible to give blood or platelets, but of those, less than 10 percent actually donate each year.

If you are healthy and eligible, please come out to donate. Most donations take about an hour, so book your appointment, roll up your sleeve and become a part of the lifesaving mission of the Red Cross and give the gift of life to those in need.

Drive Details:
Drive Date: October 3, 2023
Drive Times: 9:00am to 5:00pm
Primary contact: Gail Kulas
Email: GKulas@nwcc.commnet.edu
Number: 860-738-6304

You can book your appointment using the link or QR Code below. They will take you directly to the appointment website. https://www.redcrossblood.org/give.html/drive-results?zipSponsor=NWCCCT

There are many ways you can help, so if you are unable to donate, please volunteer on one of our committees before, during or after the event. Most importantly we hope you participate and help us recruit donors from our campus and our communities.

You will hear more in the coming weeks. Book your appointment today!

Thank you,
Gail Kulas & the Volunteer Committee
The Student Nursing Association (SNA) celebrates a huge success following their Wood’s Pit fundraiser. Students and community members had the opportunity to purchase an event ticket which included a soft drink, a main course item off the pre-fixed menu, and dessert. After selling nearly 100 tickets to the dinner event in Bantam, the SNA raised a significant amount of money to support the class of 2024 nursing students. The money will go towards the May pinning ceremony and related nursing expenses.

The SNA members want to thank those who sold and purchased tickets, assisted in providing desserts, and, most importantly, the Wood’s Pit BBQ owner and staff for hosting the event.

Join Northwestern’s Student Nursing Association on September 8th from 4pm to 8pm for a fundraiser!

Bring the graphic here to the store on East Main Street, Torrington CT.
or use Promo Code FUND4U at Panerabread.com/App to ensure proceeds go to the SNA!

20% of your order will go to the Student Nurse Association
Northwestern CARE Team
Mission Statement:
The CARE team is a campus-wide team of appointed staff and faculty responsible for identifying, assessing, and responding to concerns and/or disruptive behaviors by students, faculty/staff, and community members who struggle academically, emotionally, or psychologically, or who present a risk to the health or safety of the college or its members.

Team Goals:
- Provide a safe and supportive physical and emotional environment for members of the college community.
- Identify, assess, and intervene with individuals who are struggling or who demonstrate concerning or threatening behavior.
- Provide support and resources to community members who are concerned for another individual.

CARE Referral:
Completing a CARE referral is an essential first step in supporting students in distress on your campus. Complete a referral when you have any concerning observations or interactions with a student or think they need more coordinated support. CARE referrals help connect students with support services including basic needs on and off-campus. Basic Needs can include those with housing and food insecurity, transportation, childcare, mental health and disability services. Completing a CARE referral will inform the CARE Team to reach out and offer further assistance in the areas needed.

Responding to Students in Distress

CARE Team Members
Ruth E Gonzalez, Chair
Andrew Wetmore, Co-Chair
Kiersten Balboni – FA
Mike Emanuel-Faculty
Amanda Moreau-Adult Advocate SBAP
Brian Plessinger-Campus Safety
Jacqueline Kuns-Secretary
Alayna Scarangelo-GPA
Tracy Smith-Michnowicz-Faculty
Jay Whitaker-Dean of Faculty and Students

Your one piece of information is important to contribute to building the community of support many students need to succeed.
CT State Northwestern

SALEM BUS TRIP

September 30th

Tickets will cost $20 per student and $20 per student guest. Tickets will cost $40 for non-students (staff and faculty). Each student is limited to 2 guests. Payments must be made in the form of cash. The bus will leave Greenwoods building at 7:00am and arrive at Salem, MA around 10:00am. The bus will drop us off at the Salem Commons and you are free to roam around but must be ready to board the bus at 6:00pm. The bus will leave Salem Commons at 6:00pm sharp and return to Greenwoods building around 9:00pm.

If attending, you must fill out an activity waiver. Please email me at jkuns@nwcc.edu to set up a time to come by the student activity office located in Greenwoods Hall Rm. 110 to drop off cash payments and fill out your waiver.

Tickets are available for students and their guests to purchase starting September 11th. Registration for faculty and staff will start on September 18th. Tickets will be sold until seats run out.

Please contact jkuns@nwcc.edu with questions
Timely Care
FREE MENTAL HEALTH SERVICES

Emotional Support When Students Need It

- Unlimited 24/7, on-demand triage mental health support, coaching services, and crisis management by behavioral and health professionals.
- Provides support for a variety of issues, including critical situations.
- Eliminates the possible days or weeks of wait time for a student to get emotional support.
- Removes possible stigma of a student walking into clinic seeking mental health resources.
- Helps manage demand for counseling center services with virtual visits.
- Patient records can be shared back to counseling center.

Contact Dr. Ruth Gonzalez regarding how to access these services- rgonzalez@nwcc.edu 860-738-6315
YOGA CLASS STARTS 9/12- SIGN UP NOW

Online Yoga Class with Professor Young
Tuesdays from 5:30pm to 6:30pm
Class starts September 12th, Earn Credits!
Register Today!

NORTHWESTERN LIBRARY HOURS FALL 2023

On-Ground Services Available*
Monday – Thursday
9:00 a.m. – 5:00 p.m.

Chat Services Available**
Monday-Thursday
9:00 a.m. – 7:30 p.m.
Friday
9:00 a.m. 4:30 p.m.
Saturday
10:00 a.m. – 2:00 p.m.
Sunday
10:00 a.m. – 2:00 p.m.

*Due to staffing reductions, the physical Northwestern Library is open Monday through Thursday. There are no evening hours for the fall semester.
**The CT State Library chat service is now available seven days each week during the semester. This chat service is staffed by librarians across the CT State Library and is available for students, faculty and staff who need research assistance. Chat service is accessible through the Northwestern Library webpage.
STUDENT SUPPORT LINKS

Mental Health Self Screening

SCAN ME

988 Suicide & Crisis Life-Line

SCAN ME

Mental Health Counselings Help

SCAN ME

Campus Events

SCAN ME

STUDENT EMERGENCY FUND

The Northwestern Student Emergency Fund (NSEF) was established to provide a source of funds for current and enrolled CT State Northwestern students who encounter unexpected emergency expenses, which fall within the parameters of eligibility. Students should contact Dr. Ruth Gonzalez, Director of the Office of Student and Community Life prior to applying for funds.

Dr. Ruth Gonzalez, Director of the Office of Student and Community Life
Goulet House, 1st floor (56 Park Place)
email: rgonzalez@nwcc.edu | phone: 860-738-6315

To review the guidelines for applying and to find the application form please visit: https://nwcc.edu/nsef/
McCall Center 1st Annual Trails to Wellness Event

This annual event is intended to celebrate the many pathways to recovery and to share area resources for holistic health, wellness, and recovery with the community and individuals, families, and friends impacted by addiction.

Please note the following activities will be presented: Yoga, Sound healing, meditation, All recovery meeting, aromatherapy, therapy dogs, crystals, Canvas painting, Gardening, Nutrition.

McCall is also looking for donations of snacks, waters, etc. for the event. Thank you and we look forward to this exciting event!

For questions, please contact:
Alicia Peterson, RSS (she/her/hers)
Community Engagement Specialist
959.229.4001
SNAP Employment & Training (E&T) is a free, Federal job training program designed to help SNAP (EBT/food stamp) recipients gain skills to increase financial stability.

If a person is receiving SNAP in Connecticut and is not receiving Temporary Family Assistance (TFA-Temporary Cash Assistance), they may be eligible to participate in no-cost job training at any of the CT Community Colleges. Existing students can also apply for assistance with books, uniforms, transportation costs and any other program-related expenses.

SNAP E&T scholarships are offered all year long so it’s always the right time to apply!

To get started, contact Erin Kennedy at EKennedy@nwcc.edu or (860) 738-6419 for information regarding SNAP E&T at NCCC or visit our website at: https://www.nwcc.edu/snap/

FALL 2023 SEMESTER ACADEMIC CALENDAR

AUGUST
August 25 – CC Faculty Semester Begins
August 28 – CSU Work Year Starts
August 29 – CSCU Classes Start

SEPTEMBER
September 4 – Labor Day, NO CLASSES

NOVEMBER
November 7 – CC Reading Day, NO CLASSES
November 22-26 – Thanksgiving Recess, NO CLASSES

DECEMBER
December 11-17 – CSU Final Exams
December 12-18 – CC Final Exams
December 23 – CC Faculty Semester Ends
HOW CAN WE HELP YOU?

CONNECT WITH HELP AT
WWW.211CT.ORG
OR DIAL 2-1-1

Out-of-State: 1-800-203-1234
TTY: 800-671-0737

Free...Confidential......
24 Hours a Day Every Day......Multilingual/TTY

2-1-1 connects people to the resources they need to address everyday challenges of living and those that develop during times of community emergencies.

- Housing
- Child Care
- Energy Assistance
- Health Care
- Substance Abuse Treatment
- Veteran’s Services
- Food
- Suicide Prevention
- Tax Prep
- Job Training
- Senior Services
- and more

In addition to referring callers to a wide range of health and human service resources, 2-1-1 offers specialized programs to address specific needs and situations.

- 2-1-1 Navigator
- 2-1-1 Child Care
- 2-1-1 Child Development Infoline
- Mobile Crisis Service

2-1-1 is supported by the State of Connecticut and Connecticut United Ways.