

FEBRUARY 2023

# CAMPUS VOICE

Northwestern Connecticut Community College



Follow us!



@NWCCC



@NCCC\_CT

Important Announcements, Events, News & More!

Want to place an announcement or something you wish to share next month?

Email Andrew Wetmore [awetmore@nwcc.edu](mailto:awetmore@nwcc.edu) or call 860-738-6344



## Fresh Check Day

**Student who Attend Have a Chance to Win:**  
**\$50 Gift Card to the Campus Book Store!**

**FREE FOOD, ACTIVITIES, MENTAL HEALTH SCREENINGS AND T-SHIRTS!**

**FRESH CHECK DAY**

Fresh Check Day is an uplifting mental health fair that includes virtual speakers to bring awareness to the importance of mental health wellness and the resources available in the community to seek help.

**THURSDAY FEBRUARY 9, 2021 11:30AM TO 1PM**  
**GREENWOODS HALL MULTIPURPOSE ROOM**

The image shows a group of five young women smiling and holding up various signs and banners. The signs feature the 'freshcheckday' logo, the Northwestern Community College logo, and the text 'WE ARE Northwestern Community College'. One sign prominently displays 'NORTHWESTERN' with a moose logo. The background is a blue-tinted photo of the event.

### Activities Include:

- Drunk Goggles
- Molly the Therapy Dog
- One Hole Mini Golf Challenge
- Coloring Station
- Designing your own Northwestern T-Shirt & More



# Library Services



## Student ID

If you are a new student or if you do not have a student ID yet, bring your photo ID such as driver's license or passport when requesting one. We also issue free public transit passes (U-Pass).



Please make sure to check-in & out with your student ID when visiting the library.

## Library Spring Hours

**Monday - Wednesday**  
**8:30 am - 8:00 pm**

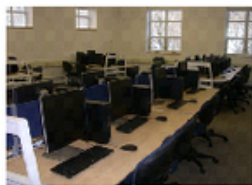
**Thursday - Friday**  
**8:30 am - 4:30 pm**



### Do you need ...?

#### - a comfortable spot between classes

We have plenty of armchairs and study carrels for relaxing or studying, computers, the latest magazines, and the college art collection. Please come to the library and find a comfortable spot!



#### - a quiet space to work on a computer

We have a computer lab. There are 26 computers with lots of work spaces!

*Please come and check it out!*

### Database of the Month



contains full-text articles from scholarly and peer-reviewed journals in the field of psychology published by the American Psychological Association and affiliated journals

Go to **Databases** from Library's webpage and click **PsycARTICLES**.

**Library Contact:**  
**Telephone - 860-738-6480**

**Text a Librarian -**  
**Text your questions to**  
**860-735-4623**

**Chat with a Librarian**  
**- Click the chat icon**  
**on the library's**  
**webpage.**

**Email -**  
**librequests@nwcc.com**  
**mnet.edu**



## February Display Case

### "Celebrate Diversity"

featuring a collection of books, DVDs and CDs on topics that relate to diversity, equity, and inclusion (DEI)



Staff vs. Student Volleyball!

# VOLLEYBALL TOURNAMENT



**STAFF**

**VS**

**STUDENTS**

THURSDAY, FEBRUARY 23RD

**12:00PM – 1:00PM**

GREENWOODS MULTI-PURPOSE  
ROOM

Email [awetmore@nwcc.comment.edu](mailto:awetmore@nwcc.comment.edu) or  
[jkuns@nwcc.commnet.edu](mailto:jkuns@nwcc.commnet.edu) to RSVP!



# Food for Thought Food Pantry

## PANTRY HOURS OF OPERATION:

MONDAY, 10:30AM – 12:30PM

TUESDAY, 10:30AM – 12:00PM

WEDNESDAY, 11:00AM – 3:00PM

THURSDAY, 10:30AM-12:30PM, 4:00PM- 5:30PM



PLEASE FILL OUT OUR APPOINTMENT FORM ON OUR WEBSITE: [WWW.NWCC.EDU/FOOD-PANTRY/](http://WWW.NWCC.EDU/FOOD-PANTRY/)

- FOR ALL FIRST APPOINTMENTS, YOU WILL BE REQUIRED TO FILL OUT SOME PERSONAL INFORMATION. ALL INFORMATION ENTERED IN THIS FORM WILL BE KEPT 100% CONFIDENTIAL. DUE TO OUR RELATIONSHIP WITH THE CT FOOD SHARE, WE ARE REQUIRED TO COLLECT THIS INFORMATION ONCE A SEMESTER.
- YOU WILL THEN BE ASKED TO CHOOSE AN APPOINTMENT DAY AND TIME. WE DO NOT TAKE SAME DAY APPOINTMENTS, AND WE DO NOT HONOR APPOINTMENTS MADE AFTER 3PM THE DAY BEFORE A REQUESTED APPOINTMENT.
- YOU WILL NOT RECEIVE AN EMAIL CONFIRMING YOUR APPOINTMENT. YOU WILL ONLY RECEIVE AN EMAIL FROM US REGARDING YOUR APPOINTMENT IF THERE IS A PROBLEM.
- YOU WILL PICK UP YOUR SUPPLIES AT “FOOD FOR THOUGHT” IN THE FOUNDERS HALL ANNEX IN ROOM #319. BESIDES SUPPLIES, YOU WILL ALSO RECEIVE A \$20.00 GIFT CARD FROM STOP AND SHOP.
- PLEASE DO NOT BE LATE OR IGNORE YOUR APPOINTMENTS. THIS HAS A SERIOUS IMPACT ON OUR ABILITY TO SERVE YOU AND OTHERS.



# NCCC Makerspace

**NCCC**  
**Makerspace**

**Spring 2023 Hours (GW 124)**  
Monday 2:45pm – 4:15pm  
Wednesday 1:15pm – 4:15pm  
Thursday: 1:00pm – 3:00pm

Free for students,  
staff & faculty to use!

Drive  
1lb combat robots!

Laser cutter! 3D – Printers!  
CNC Router!  
Learn how to use them!

Want to make something?  
Come down to the Makerspace!



# Winter Fest 2023





# Transfer Visits

## TRANSFER TUESDAYS

10:00 -1:00

ASB ATRIUM

### FEBRUARY

| 7                                   |                                      |
|-------------------------------------|--------------------------------------|
| <i>Springfield College</i>          | <i>Western New England U.</i>        |
| <i>U. Rhode Island</i>              | <i>UCONN</i>                         |
| <i>Quinnipiac U.</i>                |                                      |
| 14                                  |                                      |
| <i>U. New Haven</i>                 | <i>TBA</i>                           |
| <i>TBA</i>                          | <i>TBA</i>                           |
| <i>TBA</i>                          | <i>TBA</i>                           |
| 21                                  |                                      |
| <i>Charter Oak State College</i>    | <i>Post University</i>               |
| <i>UMASS -Amherst</i>               | <i>TBA</i>                           |
| <i>TBA</i>                          | <i>TBA</i>                           |
| 28                                  |                                      |
| <i>Central Connecticut State U.</i> | <i>Southern Connecticut State U.</i> |
| <i>Sacred Heart U.</i>              |                                      |
| <i>TBA</i>                          | <i>TBA</i>                           |

### MARCH

| 7                             |                      |
|-------------------------------|----------------------|
| <i>Western New England U.</i> | <i>TBA</i>           |
| <i>TBA</i>                    | <i>TBA</i>           |
| <i>TBA</i>                    | <i>TBA</i>           |
| 28                            |                      |
| <i>UCONN</i>                  | <i>Post U.</i>       |
| <i>Sacred Heart U.</i>        | <i>Quinnipiac U.</i> |
| <i>TBA</i>                    | <i>TBA</i>           |

### APRIL

| 4              |                                     |
|----------------|-------------------------------------|
| <i>TBA</i>     | <i>TBA</i>                          |
| <i>TBA</i>     | <i>TBA</i>                          |
| <i>TBA</i>     | <i>TBA</i>                          |
| 11             |                                     |
| <i>UCONN</i>   | <i>U. New Haven</i>                 |
| <i>Post U.</i> | <i>Central Connecticut State U.</i> |
| <i>TBA</i>     | <i>TBA</i>                          |



# Timely Care

FREE MENTAL HEALTH SERVICES



**TOP QUALITY  
VIRTUAL CARE  
ANYTIME, ANYWHERE.**



MEDICAL



TALKNOW



SCHEDULED  
COUNSELING



HEALTH  
COACHING

DOWNLOAD THE TIMELYCARE APP TO ACCESS  
OR LEARN MORE AT [timelycare.com/ctstate](https://www.timelycare.com/ctstate)



SCAN ME

## Emotional Support When Students Need It

- Unlimited 24/7, on-demand triage mental health support, coaching services, and crisis management by behavioral and health professionals.
- Provides support for a variety of issues, including critical situations.
- Eliminates the possible days or weeks of wait time for a student to get emotional support.
- Removes possible stigma of a student walking into clinic seeking mental health resources.
- Helps manage demand for counseling center services with virtual visits.
- Patient records can be shared back to counseling center.

Contact Dr. Ruth Gonzalez regarding how to access these services- [rgonzalez@nwcc.edu](mailto:rgonzalez@nwcc.edu) 860-738-6315





# Northwestern Care Closet



Contact Dr. Ruth Gonzalez to make an appointment: [rgonzalez@nwcc.edu](mailto:rgonzalez@nwcc.edu), 860-738-6315  
Located in the Goulet Building- First Floor

|  |   |
|--|---|
| <u><b>Men's Clothing Available</b></u>   | <u><b>Women's Clothing Available</b></u>  |
| <ul style="list-style-type: none"> <li>• Dress Jackets</li> <li>• Button Down/ Collared Shirts</li> <li>• Pants</li> <li>• T-Shirts/ Undershirts</li> <li>• Underwear</li> </ul> | <ul style="list-style-type: none"> <li>• Dress Jackets</li> <li>• Skirts/ Pants</li> <li>• Dress Shirts/Sweaters</li> <li>• T-Shirts</li> <li>• Lounge Wear</li> <li>• Shoes</li> </ul> |



## Student Emergency Fund

**WE ARE HERE TO HELP!**

The Northwestern Student Emergency Fund (NSEF) was established to provide a source of funds for current and enrolled NCCC students who encounter unexpected emergency expenses, which fall within the parameters of eligibility. Students should contact Dr. Ruth Gonzalez, Director of Student Development prior to applying for funds.



**NEED FINANCIAL HELP?**  
DO YOU HAVE TECHNOLOGY NEEDS?  
A FINANCIAL BURDEN OR  
DEFICIT THAT IS IMPACTING YOUR STUDIES?

The Northwestern Student Emergency Fund is here for you!

NSEF can provide financial assistance to students with immediate financial need.

For more information contact  
**Ruth Gonzalez at**  
[rgonzalez@nwcc.edu](mailto:rgonzalez@nwcc.edu)

**N\$EF** Northwestern Student Emergency Fund



2-1-1-

## HOW CAN WE HELP YOU?



**CONNECT WITH  
HELP AT  
WWW.211CT.ORG  
OR DIAL 2-1-1**

Out-of-State: 1-800-203-1234  
TTY: 800-671-0737

*Free...Confidential.....  
24 Hours a Day Every  
Day.....Multilingual/TTY*

**2-1-1 connects people to the resources they need to address everyday challenges of living and those that develop during times of community emergencies.**

- Housing
- Child Care
- Energy Assistance
- Health Care
- Substance Abuse Treatment
- Veteran's Services
- Food
- Suicide Prevention
- Tax Prep
- Job Training
- Senior Services
- and more

In addition to referring callers to a wide range of health and human service resources, 2-1-1 offers specialized programs to address specific needs and situations.

- 2-1-1 Navigator
- 2-1-1 Child Care
- 2-1-1 Child Development Infoline
- Mobile Crisis Service



2-1-1 is supported by the State of Connecticut and Connecticut United Ways.



## Northwestern's FAFSA School Code is Changing!



### **Your FAFSA School Code is Changing!**

*Use **007635** for your 2023-2024 FAFSA.*

If you are applying for federal financial aid for the Fall 2023 semester and beyond, please use Federal School Code 007635 on your 2023-2024 FAFSA. While this Federal School Code will initially identify as Capital Community College on the FAFSA, please know that the US Department of Education will update the college name in Summer 2023.

If you do not list Federal School Code 007635 on your 2023-2024 FAFSA, we will be unable to process your financial aid application for the Fall 2023 semester and the 2023-2024 academic year.

The 2023-2024 FAFSA is available on October 1, 2022, at [fafsa.gov](https://fafsa.gov).

For more information, contact your Financial Aid Office.

