

NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE
Course Syllabus

Course Title: Process and Technique in Therapeutic Recreation

Course Number RLS* C122

Course Description: Accelerated Online Eight Week Course---Acquaints students with physical activities adapted for various special populations. Adaptive, corrective, and development techniques are explored through research, text, instructor's summaries, post discussions with peers, web explorations, and assignments.

Pre-requisite-Knowledge of Online Learning---familiarity with educational learning modules that include usage of discussion posts-web exploration-locating and returning of assignments designated by instructor.

Goals: ***To identify the functions of adapted activities.

***To acquaint students with diverse modification and adaption modalities that will enhance participation for all persons regardless of their individual abilities.

***To enable students to identify the abilities and limitations of each client and to develop appropriate adapted activities.

***To familiarize students with the requirements and guidelines of the Americans with Disabilities Act {ADA} for the community and persons with disabilities.

***To emphasize the significance of Therapeutic Recreation professionals as essential members of the health care team

Outcomes: Through instructor's summaries, designated readings, discussion posts, face to face class meeting, web exploration, research, and assignments, students will be able to demonstrate their knowledge of:

***The role of Therapeutic Recreation {TR} professionals as essential members of the health care team who provide major contributions to clients' social, psychological, physical, spiritual, and emotional well-being.

***Person-centered approaches for persons with disabilities in utilizing the "Leisure Ability Model" and the "Therapeutic Recreation Process"

***Professional Techniques in TR Program design which focus on an inclusive approach to all individuals, regardless of their abilities and limitations.

***Requirements and guidelines of the Americans with Disabilities Act {ADA}

***State and Federal services available for persons with disabilities

***Correct terminology in referring to persons with specific disabilities

***Techniques to develop networking referral lists in order to assist persons with disabilities

***Innovative adaptive equipment that will enhance activity participation in TR programs and enable an individual to achieve one's goal

***Architectural barriers that inhibit persons with disabilities from participating in activities of choice.

***Leisure education and counseling assessments.

***Techniques to empower individuals with disabilities to achieve goals

***Diverse disability categories and types, in TR leisure implications