

**NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE**

**COURSE SYLLABUS**

**Introduction to Counseling and Interviewing Skills**

**Course #: HSE\* 202**

**Course Description:** This course provides an introduction to the basic components of the helping relationship, exploring the unique qualities of therapeutic relationships and elements which tend to interfere with the therapeutic process. The class will also provide an opportunity to develop and practice skills necessary in the therapeutic interview. 3 semester hours

**Pre-requisite/Co-requisite:** HSE\*101

**Course Objectives:**

Upon successful completion of the course, students will be able to:

- Describe the major interpersonal skills of successful human service professionals
- Demonstrate active listening skills and the empathic response
- Demonstrate the use of probes and summarizing in the interview process
- Describe the stages of the problem-management process in working effectively with clients
- Recognize the “shadow side” of human service work as it applies to the helping process and the limitations and pitfalls of human service professionals engaged in the therapeutic process