

NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE

Course Syllabus

Course Title: Therapeutic Recreation Programming

Course: RLS 221

Course Description: A study of the equipment selection, leadership techniques and program modifications required for appropriate special programs designed to meet the needs and interests of members of various special populations. Basic Therapeutic Recreation Programming Techniques to enhance change as necessary related to physical, psychological, cognitive, social and spiritual needs.

Prerequisites: Familiarity with computer education format.

Goals: To raise student awareness of therapeutic recreation settings and clients, residents, and patients of TR services and how Therapeutic Recreation Directors function as leaders in healthcare settings.

To introduce students' to the "Leisure Ability Model".

To increase students' knowledge of programming protocols for diverse special populations and how to implement creative and innovative calendar development for diverse populations.

To introduce students to documentation required by State and Federal regulatory agencies as part of their job duties as therapeutic recreation specialists.

To have students understand principles and methods of motivation as a tool in promoting participation of clients at therapeutic recreation programs.

Outcomes: By the end of the course, students will be able to demonstrate an understanding of:

- Appropriate activity selection program design related to clients' preferences and needs
- Implementation of appropriate assessments, goals, plans, and evaluations for clients of therapeutic recreation .
- Therapeutic recreation programming to meet the physical, cognitive, social, psychological, emotional and spiritual needs of clients.
- Compliance with the new F-Tag regulations and other regulatory requirements for mandatory documentation and programming.
- Leadership skills as professionals in the healthcare industry.
- Person-centered approaches in therapeutic recreation programming.

- Therapeutic recreation interventions as team members in conjunction with other healthcare professionals.

College Policies

Plagiarism: Plagiarism and Academic Dishonesty are not tolerated at Northwestern Connecticut Community College. Violators of this policy will be subject to sanctions, ranging to failure of the assignment, receiving a zero, failing the course, being removed/expelled from the program and or the college. Please refer to the “Student Handbook” under “Policy on Student Rights,” the Section entitled “Student Discipline,” in the college catalog for additional information.

Americans with Disabilities Act {ADA}: The College will make reasonable accommodations for persons with documented learning, physical, or psychiatric disabilities. Students should notify Dr. Christine Woodcock, the Counselor of Student Services. Her office is located at Green Woods Hall, in the Center for Student Development. Her telephone number is 860-738-6318 and her E-mail address is cwoodcock@nwcc.edu.

School Cancellations: Being online, our course week and assignments due on Mondays will continue with inclement weather. If power outages occur instructor will change due dates appropriately. During inclement weather, if a student is unable to return an assignment via computer, please contact instructor at the above numbers.

Use of Electronic Devices: Some course content as presented in Blackboard Learn is not fully supported by mobile devices at this time. While mobile devices provide convenient access to check in and read information about your courses, they should not be used to perform work such as taking tests, quizzes, completing assignments, or submitting substantive discussion posts.

Sexual Assault and Intimate Partner Violence Resource Team:

NWCC is committed to creating a community that is safe and supportive of people of all gender and sexual identities. This pertains to the entire campus community, whether on ground or virtual, students or staff. Sexual assault and intimate partner violence is an affront to our national conscience and one we cannot ignore. It is our hope that no one within our campus community will become a victim of these crimes. However, if it occurs, NWCC has created the SART Team. Sexual Assault and Intimate Partner Violence Resource Team to meet the victim’s needs. SART is a campus and community based team that is fully trained to provide trauma-informed compassionate service and

referrals for comprehensive care. The team works in partnership with the Susan B. Anthony Project to extend services 24 hours a day, 7 days a week throughout the year.

The NCCC team members are:

Ruth Gonzalez, PHD	860-738-6315	Greenwoods Hall Room 220
Susan Berg	860-738-6342	Greenwoods Hall Room 223
Kathleen Chapman	860-738-6344	Greenwoods Hall Room 110
Michael Emanuel	860-738-6389	Founders Annex Room 308
Gary Greco	860-738-6397(V) 860-469-3138 (VP)	Founders Hall Room 101
Robin Orlomoski	860-738-6416	Business Office Room 201
Patricia Bouffard, Ex-Officio	860-738-6319	Founders Hall Room 103

At NCCC we care about our students, staff and faculty and their well-being. It is our intention to facilitate the resources needed to help achieve both physical and emotional health.