

NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE

Course Syllabus

Course Title: Procedures and Techniques in Therapeutic Recreation

Course Number RLS* C122

Course Description: Accelerated Online Eight Week Course---Acquaints students with physical activities adapted for various special populations. Adaptive, corrective, and development techniques are explored through research, text, instructor's summaries, post discussions with peers, web explorations, and assignments.

Pre-requisite-Knowledge of Online Learning—familiarity with educational learning modules that include usage of discussion posts-web exploration-locating and returning of assignments designated by instructor.

Goals: ***To identify the functions of adapted activities.

***To acquaint students with diverse modification and adaption modalities that will enhance participation for all persons regardless of their individual abilities.

***To enable students to identify the abilities and limitations of each client and to develop appropriate adapted activities.

***To familiarize students with the requirements and guidelines of the Americans with Disabilities Act {ADA} for the community and persons with disabilities.

***To emphasize the significance of Therapeutic Recreation professionals as essential members of the health care team

Outcomes: Through instructor's summaries, designated readings, discussion posts, face to face class meeting, web exploration, research, and assignments, students will be able to demonstrate their knowledge of:

***The role of Therapeutic Recreation {TR} professionals as essential members of the health care team who provide major contributions to clients' social, psychological, physical, spiritual, and emotional well-being.

***Person-centered approaches for persons with disabilities in utilizing the "Leisure Ability Model" and the "Therapeutic Recreation Process"

***Professional Techniques in TR Program design which focus on an inclusive approach to all individuals, regardless of their abilities and limitations.

***Requirements and guidelines of the Americans with Disabilities Act {ADA}

- ***State and Federal services available for persons with disabilities
- ***Correct terminology in referring to persons with specific disabilities
- ***Techniques to develop networking referral lists in order to assist persons with disabilities
- ***Innovative adaptive equipment that will enhance activity participation in TR programs and enable an individual to achieve one's goal
- ***Architectural barriers that inhibit persons with disabilities from participating in activities of choice.
- ***Leisure education and counseling assessments.
- ***Techniques to empower individuals with disabilities to achieve goals
- ***Diverse disability categories and types, in TR leisure implications

College Policies

Plagiarism: Plagiarism and Academic Dishonesty are not tolerated at Northwestern Connecticut Community College. Violators of this policy will be subject to sanctions ranging from failure of the assignment (receiving a zero), failing the course, being removed/expelled from the program and/or the College. Please refer to your "Student Handbook" under "Policy on Student Rights," the Section entitled "Student Discipline," or the College catalog for additional information.

Americans with Disabilities Act (ADA): The College will make reasonable accommodations for persons with documented learning, physical, or psychiatric disabilities. Students should notify Dr. Christine Woodcock, the Counselor for Students with Disabilities. She is located at Green Woods Hall, in the Center for Student Development. Her phone number is 860-738-6318 and her email is cwoodcock@nwcc.edu.

School Cancellations: If snowy or icy driving conditions cause the postponement or cancellation of classes, announcements will be made on local radio and television stations and posted on the College's website at www.nwcc.edu. Students may also call the College directly at **(860) 738-6464** to hear a recorded message concerning any inclement weather closings. Students are urged to exercise their own judgment if road conditions in their localities are hazardous.

Use of Electronic Devices: Some course content as presented in Blackboard Learn is not fully supported on mobile devices at this time. While mobile devices provide convenient access to check in and read information about your courses, they should not

be used to perform work such as taking tests, quizzes, completing assignments, or submitting substantive discussion posts.

Sexual Assault and Intimate Partner Violence Resource Team: NCCC is committed to creating a community that is safe and supportive of people of all gender and sexual identities. This pertains to the entire campus community, whether on ground or virtual, students, faculty, or staff.

Sexual assault and intimate partner violence is an affront to our national conscience, and one we cannot ignore. It is our hope that no one within our campus community will become a victim of these crimes. However, if it occurs, NCCC has created the SART Team - Sexual Assault and Intimate Partner Violence Resource Team - to meet the victim's needs.

SART is a campus and community based team that is fully trained to provide trauma-informed compassionate service and referrals for comprehensive care. The team works in partnership with The Susan B. Anthony Project to extend services 24 hours a day, 7 days a week throughout the year.

The NCCC team members are:

Ruth Gonzalez, Ph.D.	860-738-6315	Green Woods Hall Room 207
Susan Berg	860-738-6342	Green Woods Hall Room 223
Kathleen Chapman	860-738-6344	Green Woods Hall Room 110
Michael Emanuel	860-738-6389	Founders Hall Annex Room 308
Seth Kershner	860-738-6481	Library
Jane O'Grady	860-738-6393	Founders Hall Annex Room 212
Robin Orloski	860-738-6416	Business Office Room 201
Patricia Bouffard, Ex-Officio	860-738-6319	Founders Hall Room 103
Savannah Schmitt		Student Representative

At NCCC we care about our students, staff and faculty and their well-being. It is our intention to facilitate the resources needed to help achieve both physical and emotional health.

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