

CONNECTICUT COMMUNITY COLLEGES NURSING PROGRAM (CT-CCNP)
*Capital Community College, Gateway Community College, Northwestern Connecticut Community College,
Norwalk Community College, Naugatuck Valley Community College, Three Rivers Community College*

NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE
WINSTED, CONNECTICUT

ASSOCIATE DEGREE PROGRAM IN NURSING

NURSING 101
INTRODUCTION TO NURSING PRACTICE

SPRING 2015

Class meets Mondays 4-8 in FH 107

Lab meets in ASB per your scheduled group

INSTRUCTIONAL TEAM

Course Faculty

Professor Erica Mumm, MSN, RN

Office phone: 860-738-6337

Email: emumm@nwcc.comnet.edu

Office Hours:

Monday 1-3:30 FX 315

Wednesday 3:30-4 ASB 117

Or by appointment

Lab & Clinical Faculty

Professor Jessica Palozie, MSN, RN

Lab and clinical faculty – Mclean Wednesdays

Email: jpalozie@nwcc.comnet.edu

Professor Diana Wigham, MSN, RN

Lab Coordinator & Instructor

Professor Jaclyn Vincent, MSN, RN

Lab Instructor

Professor Pam Hyman, MSN, RN

Clinical Instructor – McLean Thursdays

Professor Cheryl Crump, MSN, RN

Clinical Instructor - Geer

Professor Annie Vilhotti, MSN, RN

Clinical Instructor – Litchfield Woods

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*Capital Community College, Gateway Community College, Northwestern Connecticut Community College,
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at

NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE

NUR*101: INTRODUCTION TO NURSING PRACTICE

Course Prerequisites

ENG 101: English Composition

BIO 211: Anatomy & Physiology I

BIO 212: Anatomy & Physiology II

Course Corequisites

BIO 235: Microbiology

PSY 111: General Psychology

Course Components

8 credits

Classroom: 60 hours

Clinical/College Laboratory: 180 hours

Course Schedule

Class: Monday 4:00 pm- 8:00 pm

Lab is weekly: see clinical calendar

Clinical Days:

See separate calendar for more specific details regarding schedule.

Course Description

The student will focus on concepts basic to nursing practice. Emphasis is placed on application of the nursing process, communication, and skill acquisition. Clinical and laboratory experiences offer opportunities to integrate theoretical principles and demonstrate caring and competence in beginning professional role development.

Associate Degree Program Philosophy

The Associate Degree Nursing Program supports the mission of the Connecticut Community College System and is committed to the educational preparation of safe, competent, entry-level practitioners of nursing. This is accomplished through a dynamic educational experience involving active and diverse learning processes. Program graduates are prepared to assume the multi-faceted role of the professional nurse which includes planning and provision of care, client advocacy, communication, teaching, and managing human, physical, financial and technological resources. Graduates must possess the ability to

recognize and respond to current trends and issues while upholding standards of care through life-long learning.

The faculty believes nursing is a dynamic profession that incorporates evidenced-based theory and skills required for safe practice. Nursing practice integrates the art and science of nursing with theoretical principles from the natural, social, behavioral, biological, and physical sciences.

The faculty has identified **six core values** that provide the framework for organizing the curriculum. The core values are:

1. Critical Thinking

Critical thinking skills are essential in today's rapidly changing health care environment. Critical thinking is a complex process that is purposeful, goal-directed and based on factual evidence. Critical thinking requires the skills of collecting, identifying, examining, interpreting and evaluating data. Critical thinking in nursing utilizes the nursing process to identify problems, determine goals and interventions, and evaluate outcomes in client care situations. Critical thinking skills encourage nursing students to think for themselves and initiate appropriate interventions after defining the health care needs.

2. Safe and Competent Practice

Safe and competent practice embraces standards of professional nursing. These standards are implemented through clinical, cultural, and technological proficiency in a variety of health care settings. Nurses continuously strive to provide high level nursing care and to improve client outcomes based upon scientifically supported evidence.

3. Caring

Caring is fundamental to nursing practice. Caring encompasses comfort, empathy, compassion, concern and advocacy within a culturally diverse client population. Caring nurses enhance the dignity and integrity of individuals, families, and groups within the health care delivery system.

4. Professionalism

Professionalism is acquired through a complex process by which the nursing student internalizes values inherent to the practice of nursing. These values include integrity, legal-ethical standards, confidentiality, political awareness, and collegiality. Professional role development includes the acquisition of knowledge and skills through life-long learning.

5. Communication

Communication is essential to the practice of professional nursing and includes both verbal and non-verbal skills, and information technologies to enhance client care. The nursing student develops skills in presentation, documentation, teaching, conflict resolution, assertiveness, negotiation, and therapeutic communications with individuals, families, groups, health care team, and community agencies.

6. Holistic Care

Nursing utilizes a multidisciplinary approach to managing care that recognizes the uniqueness of the individual. Holistic nursing has as its goal the enhancement of illness prevention, health promotion, wellness maintenance, and health restoration across the life span. Holistic care involves the identification of the bio-psycho-social and cultural dimensions of the client across the life span on the wellness-illness continuum. Clients, families, and groups are respected according to their physical, emotional, social, economic, cultural, and spiritual needs.

Course Objectives

At the completion of this course, the student will be able to:

1. Identify principles of holism in providing basic nursing care to selected individuals.
2. Utilize the nursing process in planning care for individuals with basic health care needs.
3. Demonstrate safe use of scientific and quantitative principles and technology in providing basic nursing care to individuals.
4. Use basic communication in nurse-client interactions.
5. Identify learning needs for assigned individuals.
6. Utilize therapeutic interventions that consider the unique rights of individuals.
7. Identify the roles of various members of the health care team.
8. Demonstrate basic legal and ethical practice standards when providing care to selected individuals.
9. Exhibit growth in personal and professional roles in nursing.

Learning Experiences of the Student

This course is taught by a team of instructors, and includes the following learning experiences and modes of instruction:

1. Lecture, discussion, and case studies
2. Readings from textbooks and reference materials
3. Computer and web enhanced instruction including Blackboard Vista and ePortfolio
4. Written assignments
5. College nursing skills laboratories and simulations laboratory
6. Demonstration and return demonstration
7. Individual conferences with faculty
8. Self-practice and self-study materials
9. Group work in class, laboratory, and clinical
10. Pre and post-clinical conferences
11. Collaborative testing
12. Case Presentations
13. Experiential mindfulness
14. Clinical experience in one or more of the following facilities:
 - a. Litchfield Woods Health Care Center, 255 Roberts Street, Torrington, CT 06790
1-860-489-5801 www.athenahealthcare/lwd.htm
 - b. Geer Village, 77 South Canaan Road, Canaan, CT 06018
1-860-824-2600 www.geercares.com
 - c. McLean, 75 Great Pond Road, Simsbury, CT 06070
1-860-658-3700 www.mcleancare.org

NUR 101 Spring 2015 Textbooks

Required Texts

Lewis, S. L., Dirksen, S.R., Heitkemper, M., Bucher, L. & Camera, I. (2013). *Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (9th ed.)

- New 9th edition published on 12/5/13 (ISBN: 9780323100892)

Lewis, S. L., Dirksen, S.R., Heitkemper, M., Bucher, L. & Camera, I. (2013). *Clinical Companion to Medical-Surgical Nursing: Assessment and Management of Clinical Problems* (9th ed.)

- New 9th edition published on 12/20/13 (ISBN: 9780323091435)

deCastillo, S. (2013). *Strategies, Techniques, & Approaches to Thinking: Critical Thinking Cases in Nursing* (5th ed.)

- New 5th edition published on 2/1/13 (ISBN: 9781455733903)

Ackley, B.J. & Ladwig, G.B. (2013.). *Nursing Diagnosis Handbook: A Guide to Planning Care* (10th ed.). St. Louis: Mosby. ISBN: 9780323085496

Jarvis, C. (2011). *Pocket Companion for Physical Examination and Health Assessment* (6th ed.). St Louis: W. B. Saunders. ISBN: 9781437714425

Perry, A.G. & Potter, P. A. & Ostendorf, W. (2013). *Clinical Nursing Skills & Techniques* (8th ed.). St. Louis, MO: Mosby. ISBN: 9780323083836

Potter, P. A. & Perry, A. G., Stockert, P. & Hall, A. (2012). *Fundamentals of Nursing* (8th ed.). St. Louis, MO: Mosby. ISBN: 9780323079334

Davis's Drug Guide for Nurses (14th ed). ISBN

Nugent, P., Vitale, B. (2011) *Test Success: Test Taking Techniques for Beginning Nursing Students* (6th ed) ISBN: 978-0803628182

Curren, A.M. (2009). *Math for Meds: Dosages and Solutions* (packaged with 3-2-1 Calc! Comprehensive Dosage Calculations Online with Academic Individual 2-Year Access Code for students only!) (11th ed.). San Diego: W.I. Publications. ISBN: 9781285995854 (These two are a bundle package.)

College Policies

Plagiarism:

Plagiarism and Academic Dishonesty are not tolerated at Northwestern Connecticut Community College. Violators of this policy will be subject to sanction. Please refer to your “Student Handbook” under “Policy on Student Rights,” the Section entitled “Student Discipline,” or the College catalog for additional information.

Americans with Disabilities Act (ADA):

The College will make reasonable accommodations for persons with documented learning, physical, or psychiatric disabilities. Students should notify Christine Woodcock, the Counselor for Students with Disabilities. She is located at Green Woods Hall, in the Center for Student Development. She may be reached at 860-738-6318 (V/TTY) or cwoodcock@nwcc.comnet.edu

Sexual Assault and Intimate Partner Violence Resource Team: NCCC is committed to creating a community that is safe and supportive of people of all gender and sexual identities. This pertains to the entire campus community, whether on ground or virtual, students, faculty, or staff.

Sexual assault and intimate partner violence is an affront to our national conscience, and one we cannot ignore. It is our hope that no one within our campus community will become a victim of these crimes. However, if it occurs, NCCC has created the SART Team - Sexual Assault and Intimate Partner Violence Resource Team - to meet the victim’s needs.

SART is a campus and community based team that is fully trained to provide trauma-informed compassionate service and referrals for comprehensive care. The team works in partnership with The Susan B. Anthony Project to extend services 24 hours a day, 7 days a week throughout the year.

The NCCC team members are:

Ruth Gonzalez, PHD	860-738-6315	Greenwoods Hall Room 220
Susan Berg	860-738-6342	Greenwoods Hall Room 223
Kathleen Chapman	860-738-6344	Greenwoods Hall Room 110
Michael Emanuel	860-738-6389	Founders Annex Room 308
Gary Greco	860-738-6397 (V) 860-469-3138 (VP)	Founders Hall Room 101
Robin Orloski	860-738-6416	Business Office Room 201
Patricia Bouffard, Ex-Officio	860-738-6319	Founders Hall Room 103

At NCCC we care about our students, staff and faculty and their well-being. It is our intention to facilitate the resources needed to help achieve both physical and emotional health.